



# Authorizing Patients

## Online Authorization Instructions

- Visit [www.actx.com](http://www.actx.com)
- Click the blue SIGN IN button in the top right corner
- Enter your User Name and Password
  - o User Name \_\_\_\_\_
  - o Password \_\_\_\_\_
- Click Authorize Patient [here](#) near the top of the page
- Fill in the requested fields: First name, last name, date of birth, gender, email address, and optionally the medical record number
- Your patient will receive an email containing a link. After clicking the link, they will be able to register for the ActX Service. Your patient will receive their saliva sample kit in the mail, and will mail it to our lab with their DNA sample.
- You will be alerted when the patient results are available

## Is ActX Right For My Patient?

Good candidates for the ActX Service include, but are not limited to:

- Patients taking multiple medications
- Patients over 40 with several chronic medical conditions, such as diabetes, coronary heart disease, obesity/hypertension
- Patients who do not have knowledge of their family health history
- Patients who have a personal or family interest in genetics
- Patients who want to be pro-active in managing their health

Patients who may not be good candidates for ActX testing include:

- Patients who are at high risk for a specific genetic condition – they will need specific high risk testing. ActX only tests for selected variants, not all variants\*
- Patients who do not think they can handle knowing about their risks. Some patients will prefer not to know

\* The ActX Service is informational and not diagnostic. The Service looks only at selected variants (DNA variations) for the targeted genes, and not for all possible genetic variants. Consequently, a negative result does not mean that there is no risk for a particular medical risk or a particular medication-genome interaction. High risk patients should still be referred for specific gene testing because they normally test for more variants.